



# Clash Of The Carolinas



[www.NATURALMUSCLE.com](http://www.NATURALMUSCLE.com)

**BODYBUILDING, PHYSIQUE, FIGURE & BIKINI CHAMPIONSHIPS**

Presented by Southeast Natural Muscle Association, LLC

**November 17, 2018**

**Drug Tested**

**Pro & National Qualifier for Bodybuilding, Figure, Bikini & Physique**

**LOCATION:** USC's Bundy Auditorium- 476 Hubbard Drive Lancaster, SC 29720 Front Entrance.

**DIRECTIONS:** - [To USC's Bundy Auditorium](#)

**TIME:**            **9:30 AM** - Contestant Check -In                      **11:00 AM** - Pre-Judging                      **4:00 PM** - Night Show

**ENTRY FEE:** **\$68** (Non Refundable - US Currency) No Personal Checks after November 10th. Make checks payable to: **Southeast Natural Muscle Assoc.** Cross-Over fees are \$40 per class. Entries received after July 30th will be charged a \$25 late fee. See attached entry and order form. All competitors must either have or purchase a Natural Muscle membership card at [www.NATURALMUSCLE.com](http://www.NATURALMUSCLE.com). **FIGURE, BIKINI & PHYSIQUE COMPETITORS – ADD A PHOTO COPY OF YOUR LICENSE FOR HEIGHT VERIFICATION.**

**TICKETS:** Can be ordered on line at **WWW.SOUTHEASTNATURALMUSCLEASSOCIATION.COM**. (See below) Tickets are also available at the door the day of the show. **CASH ONLY THE DAY OF THE SHOW.**

**DRUG TESTING:** All contestants will be subject to urinalysis testing for illegal and/or medically prescribed performance enhancing drugs – See list below. All results are final. By competing in this contest you agree to the results from the urine testing company. If you test positive to any of the NMA banned substances you forgo your placing, all awards and status and are banned from all NMA contests. Competitor cost is \$55 for test.

**MUSIC:** CD's only pre-que. Maximum of **90 Sec. for Bodybuilders and Physique competitors**. Make sure that this is the only file on your flash drive or CD and it is properly labeled. **NO PROFANITY IN POSING MUSIC.**

**ATTIRE:** **Bodybuilders:** Men - One piece-posing suit. Women - 2 piece (may be connected). **Women's Physique** 2 piece bikini-style swimsuit (T-back bottom permitted but not mandatory) **NO SHOES/HEELS PERMITTED.** **Figure/Bikini** - 2 piece bikini-style swimsuit/high heels (T-back bottom permitted but not mandatory). **Men's Physique** - Competitors will wear board shorts. No Shoes. **Transformation** Women may wear shorts and tank top or sports bra. Men will wear board shorts or running shorts- No Shoes.

**NaturalMuscle Banned Substances:** All anabolic steroids - Growth hormone - Prescription diuretics - Depressant drugs, medications, narcotics or any substance which might be used for the purpose of passing a polygraph test - Muscle implants - Clenbuterol - All FDA banned substances used for bodybuilding purposes. Alcohol use, day of show. Go to [WWW.SOUTHEASTNATURALMUSCLEASSOCIATION.COM](http://WWW.SOUTHEASTNATURALMUSCLEASSOCIATION.COM) for the complete list

## CLASSES\*

<b>Men's Bodybuilding</b> <input type="checkbox"/> 1 <sup>st</sup> Time Competing*** <input type="checkbox"/> Masters Over 60 <input type="checkbox"/> Masters Over 50 <input type="checkbox"/> Masters Over 40 <input type="checkbox"/> Teenage <input type="checkbox"/> Novice <input type="checkbox"/> Open  <b>Men's Physique</b> <input type="checkbox"/> 1 <sup>st</sup> Time Competing <input type="checkbox"/> Masters Over 40 <input type="checkbox"/> Teenage <input type="checkbox"/> Open	<b>Bodybuilding Weight Classes</b> <b>Men's Open</b> Light Weight Under 156lb Middle Weight Over 156lb to 172lb L/Heavy Weight Over 172lb to 189lb Heavy Weight Over 189 <b>Women's Open</b> (Classes determined day of show) <b>Men's &amp; Women's Novice**</b> (Classes determined day of show)  <input type="checkbox"/> Men's Transformation Open  <input type="checkbox"/> Women's Bodybuilding	<b>Women's Bikini</b> <input type="checkbox"/> 1 <sup>st</sup> Time Competing <input type="checkbox"/> Over 35 <input type="checkbox"/> Novice <input type="checkbox"/> Open <input type="checkbox"/> 5'3" and Under <input type="checkbox"/> Over 5'3" to 5'6" <input type="checkbox"/> Over 5'6"  <input type="checkbox"/> Women's Physique  <input type="checkbox"/> Women's Transformation Open	<b>Women's Figure</b> <input type="checkbox"/> 1 <sup>st</sup> Time Competing <input type="checkbox"/> Over 45 <input type="checkbox"/> Over 35 <input type="checkbox"/> Novice <input type="checkbox"/> Open <input type="checkbox"/> 5'3" and Under <input type="checkbox"/> Over 5'3" to 5'6" <input type="checkbox"/> Over 5'6"  <input type="checkbox"/> Women's Bodybuilding  <input type="checkbox"/> Mixed Pairs Beach Class+ <input type="checkbox"/> Mixed Pairs Classic++
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\*The promoter has the right to alter divisions and events with regards to participation & limit the number of competitors

\*\* NOVICE means a competitor that has NOT placed in the top 3 in an open division in any organization and that has not won 1st place in a novice division in any organization.

\*\*\* 1<sup>st</sup> Time is for competitors who have never competed before and this is your first contest.

+ Mixed Pairs Beach is Women's Bikini or Women's Figure mixed with a Men's Physique

++ Mixed Pairs Classic is a Women's Physique or Women's Bodybuilding mixed with a Men's Bodybuilding

Pro cards will be awarded according to Natural Muscle Guidelines.

**For Questions On What Division You Qualify For: Call Gary Williamson at 678. 982. 5651 or email : [naturalmusclelegary@gmail.com](mailto:naturalmusclelegary@gmail.com)**

### Waiver of Liability

WAIVER: By your accepting my application to the 2018 Clash Of The Carolinas Natural Bodybuilding, Physique, Figure & Bikini Championships, along with my nonrefundable entry fee, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against Southeast Natural Muscle Association, LLC (Chairman Gary Williamson), USC's Bundy Auditorium, NaturalMuscle.com, Natural Muscle Association, Natural Muscle Events LLC, any and all sponsors, agents, representatives and assigns for any and all injuries and/or losses suffered by me as a result of my participation and/or attendance and traveling to the 2018 Clash Of The Carolinas Natural Bodybuilding, Physique, Figure & Bikini Championships, November 17, 2018. These damages include, but are not limited to, published photographs that I may find to be unattractive or editorial which I may construe as being misrepresentative. I also grant NaturalMuscle.com, Natural Muscle Events LLC, Southeast Natural Muscle Association, LLC (Chairman Gary Williamson), Permission to use photos, videos or any likeness of myself to promote any future contests, videos, magazines or any other media involved with future and present contests for the purpose of promotion and/or sales of these media, without any compensation to myself, as condition of my entering the event. I also agree, by my own free will and without duress, to submit a urine sample. I also agree to the outcome of the tests results from the urinalysis center. I will abide by all Natural Muscle Association rules and show good sportsmanship. By signing and submission of this form I am stating that I am Drug Free and will abide by the Natural Muscle Association drug test policies and procedures.

Signature\_\_\_\_\_ Parents Signature\_\_\_\_\_  
(If under 18)

### **Send Entry Form and Fees To:**

**Gary Williamson**  
**P.O.Box 792**  
**Grayson, Georgia 30017**

Name\_\_\_\_\_

Phonetic\_\_\_\_\_ E-MAIL \_\_\_\_\_  
 spelling

Phone\_\_\_\_\_

Address\_\_\_\_\_ City\_\_\_\_\_

State/Prov\_\_\_\_\_ Zip/Post\_\_\_\_\_ HGT\_\_\_\_\_ WGT\_\_\_\_\_

Gym Representing \_\_\_\_\_

Occupation \_\_\_\_\_

Thank You To \_\_\_\_\_

**ENTRY ORDER FORM FEES – (NO PERSONAL CHECKS AFTER November 12<sup>th</sup>)**

Entry Fee - \$68 = \_\_\_\_\_  
(\$25 late fee after Nov. 10<sup>th</sup>)

Cross Over - \$40 Per Class = \_\_\_\_\_

Natural Muscle Assoc. Card Fees:  
Professional \$75 = \_\_\_\_\_

Amateur \$55 = \_\_\_\_\_

**TOTAL Entry Fees = \$\_\_\_\_\_**

**Online ticket purchases go to:**

<http://www.southeastnaturalmuscleassociation.com/#!/purchase-tickets/hbvdK>

***For Money Order or Personal Check***

Payable to: **Southeast Natural Muscle Assoc. – P.O. Box 792 Grayson, Georgia 30017**

**No Personal Checks After November 10<sup>th</sup>**

Pre Judging: \$15 each = \_\_\_\_\_

Night Show Only: \$25 each = \_\_\_\_\_

All Day Pass \$35 each = \_\_\_\_\_  
(includes Night Show and Pre Judging)

All Day Trainer- \$35 each  
Back Stage Pass: = \_\_\_\_\_

Kids (12 and under) \$10 each = \_\_\_\_\_

**TOTAL Tickets: = \$\_\_\_\_\_**

**TICKET SALES - CASH ONLY THE DAY OF THE SHOW!!!**